2024 Guerin Catho	lic Summer Athletic Schedule
Cross Country Summer Training (2024)	Football Summer Practice Schedule (2024)
June 3 – July 26	JUNE
7:00am – 8:30am (Monday-Friday)	Monday 3* KICKOFF COOKOUT; TBD
Excluding IHSAA Moratorium Week	Wednesday 5* Speed, strength, conditioning workout, 4-6 p.m.
(July 1 – July 5)	Thursday 6 Speed, strength, conditioning workout, 4-6 p.m.
Questions contact – Coach Andy Cowen, acowen@guerincatl	holl Youth camp, 6-8 p.m.
Girls Volleyball Summer Training (2024)	M 10* Speed, strength, conditioning workout, 4-6 p.m.
June 3rd, 4th, 5th, 6th, 17th, 19th, 20th / July 15th, 17th, 22nd	d, 2 W 12* Speed, strength, conditioning workout, 4-6 p.m.
3:00pm-5:00pm	Th 13 Speed, strength, conditioning workout, 4-6 p.m.
June 10th, 12th	Youth camp, 6-8 p.m.
5:30 – 7:30pm	M 17* Speed, strength, conditioning workout, 4-6 p.m.
June 11th / July 9th, 11th, 16th, 18th, 23rd, 25th	W 19* Speed, strength, conditioning workout, 4-6 p.m.
7:00am-9:00am	Th 20 Speed, strength, conditioning workout, 4-6 p.m.
June 13th / July 8th, 10th	Youth camp, 6-8 p.m.
4:00-6:00pm	M 24* SUMMER PRACTICE #1; 4-8 p.m. (helmets)
June 18th	(4:00 lift, 5:00 meet, 6:00 practice)
7:00am-8:30am	T 25 SUMMER PRACTICE #2; 4-6 p.m. (pro pads)
June 24, 25, 26, 27	(4:00 practice)
5:00 – 6:00pm	W 26* SUMMER PRACTICE #3; 4-8 p.m. (helmets)
Questions contact – Coach Jaime Karlander, jkarlander@gue	rind Th 27 SUMMER PRACTICE #4; 4-6 p.m. (pro pads)
Boys Soccer Summer Training (2024)	Youth camp, 6-8 p.m.
June 3, 5, 6, 10, 12, 13, 17, 19, 20, 24, 26, 27	ISAA MORATORIUM-NO FOOTBALL ACTIVITIES, JUNE 28-JULY 7 (10 days)
July 15, 17, 18, 22, 24, 25	JULY
5:00 – 7:00pm	M 8* SUMMER PRACTICE #5; 4-8 p.m. (helmets)
Questions contact – Coach Jim Alvarez, jalvarez@guerincath	olic T 9 SUMMER PRACTICE #6; 4-6 p.m. (pro pads)
Boys Tennis Summer Training (2024)	W 10* SUMMER PRACTICE #7; 4-8 p.m. (helmets)
June 4th, 6th, 11th, 13th, 18th, 20th, 25th, 27th	Th 11 SUMMER PRACTICE #8; 4-6 p.m. (pro pads)
July 9th, 11th, 16th, 18th, 23rd, 25th	Youth camp, 6-8 p.m.
4:30-6pm	M 15* SUMMER PRACTICE #9; 4-8 p.m. (helmets)
Questions contact – Coach Wyatt Metzger, wmetzger@guerir	nca T 16 SUMMER PRACTICE #10; 4-6 p.m. (pro pads)
Boys Basketball Summer Open Gym (2024)	W 17* SUMMER PRACTICE #11; 4-8 p.m. (helmets)
June 3, 4, 6, 10, 13, 17, 20, 24, 27	Th 18 SUMMER PRACTICE #12; 4-6 p.m. (pro pads)
7:00am-8:30am	Youth camp, 6-8 p.m.
Questions contact – Coach Bobby Allen, ballen@guerinca	tho T 23* CO-CAPTAINS WORKOUT; 4-6 p.m.
Girls Basketball Summer Open Gym (2024)	W 24 CO-CAPTAINS WORKOUT; 4-6 p.m.
June 3rd, 4th, 5th	Th 25* CO-CAPTAINS WORKOUT; 4-6 p.m.
1:00pm-3:00pm	Youth camp, 6-8 p.m.
June 7th, 14th, 21st	GC MORATORIUM-NO FOOTBALL ACTIVITIES, JULY 26-AUGUST 4 (10 days)
8:00am-9:00am	two optional lifting opportunities will be offered for players during the week
June 10th, 11th, 12th	(*) denotes freshmen included in activity
3:30pm-5:30pm	Questions contact - Coach Tom Dilley, tdilley@guerincatholic.org
June 17th, 18th, 19th	Girls Soccer Summer Training (2024)
5:00pm-7:00pm	June 24 - 27
June 24th, 25th, 26th	Senior led trainings TBD for times
8:30am-10:30am	Starting week of 7/9
July 9th, 11th	Tues, Wed, Thurs
4:00pm-6:00pm	7-9am until second moratorium.
July 10th	August workouts are Mon-Thurs starting week of 8/5. First week: 7-9am and 0
7:00am-8:45am	Second Week: 4:15-6pm
July 16th, 18th, 23rd, 25th	Questions contact - Coach Sean Yau, syau@guerincatholic.org
9:00am-11:00am	Cheerleading Try-outs and Summer Practice (2024)
July 17, 24th	
8:00am-10:00am	TBD
Questions contact - Coach Danielle Cardinal, dcardinal@gue	
Wrestling Summer Training (2024)	¬ · ·
Excluding IHSAA Moratorium Week (July 1 – July 5)	
Thursdays - 6:00pm	
Ougstions contact Coach Dan Hubbard dhubbard@quaring	nath alia ara

Questions contact - Coach Dan Hubbard, dhubbard@guerincatholic.org