### Eat Healthy

Eat more real food. Detach from processed foods.

# Try New Varieties of Veggies

Add some adventure to your cooking. Eat food that is in season, all season!



The quality and taste of fresh, natural, local vegetables is simply superior.

# Support Ecological Education

Provide an opportunity to educate Guerin Catholic students and volunteers about the interconnectedness of God's creation.

# Support a Local Business

Be part of a locally-owned farm. Sustain the local food system. Disconnect from "Big Ag."

### Know Your Farmer and Where Your Food Comes From

Reconnect with your food. Look your farmer in the eye, visit the growing space, and trust that the food is grown safely and sustainably.

## Care About the Environment and How Your Food is Grown

Participate in a greater mission to save our planet. Restore the soil's vitality and reduce your footprint.

St. Isidore Farm's weekly Veggie Box subscription includes a market value of \$36 in sustainably-grown, in-season produce, all grown by Guerin Catholic students and volunteers on Guerin Catholic grounds. We do not use any chemical sprays or synthetic fertilizers! Additionally, this CSA program will allow St. Isidore Farm to donate at least 10% of its weekly produce to target local food insecurity in our community.

#### The Nitty Gritty Details

We are accepting 24 subscriptions this season! The price for a Weekly subscription is \$648, which accounts for the \$36 market value of your box of produce for the 18 weeks of our 2024 season, but that money does SO much more! We also offer a Bi-Weekly option, for half the price. The first box pickup will be May 16th, and the last box pickup will be September 12th. The Veggie Boxes will be picked up each Thursday at Guerin Catholic.

#### The CSA Model

This Community Sustained Agriculture (CSA) business model calls for members to **share the risk** of farming. Member families must be willing to support this project, **no matter how successful the season**. This means that fees are paid upfront, with no opportunity for refunds later in the season. In a CSA model, the farm counts on these upfront funds in order to successfully carry out the growing season. CSA memberships often breed great, lasting relationships between families and farmers who share common interests and concerns about caring for Creation. Sometimes we even see CSA family members coming out to work on the farm during busy weeks!

### **Samples of In-Season Boxes**

"THE SPRING BOX" - A typical May box might include...

- Lettuce
- Green onions
- Cabbage

- Carrots
- Spinach
- Beets

- Turnips
- Kale
- Radishes

### "THE PEAK SUMMER BOX" - A typical July box might include...

- Potatoes
- Cherry and slicing tomatoes
- Onions

- Lettuce
- Cabbage
- Beets
- Zucchini

- Chard
- Green beans
- Garlic
- "THE MATURE BOX" A typical September box might include...
  - Potatoes
  - Slicing tomatoes
  - Lettuce

- Spinach
- Beets
- Peppers

- Winter squash
- Kale
- Radishes

Please contact Zach Haselhorst at <u>zhaselhorst@guerincatholic.org</u> or 317-509-7842 if you want more information!



#### **Policies and Guidelines**

We ask all new members to carefully read the following document. By signing up for a membership, you agree to the following Policies and Guidelines.

CSA refers to **C**ommunity **S**upported **A**griculture, a membership program in which you prepay for a share of the harvest from St. Isidore Farm

We, the farm, wish to provide you with fresh, sustainably-grown, local, and seasonal produce. You, the member, wish to support our efforts and our mission and receive a portion of our harvest. This agreement outlines our shared commitment to that relationship.

The Philosophy of CSA – Community Supported Agriculture (CSA) is a way for you to experience the joy of eating seasonally and support a farm that is working to regenerate our environment and provide nourishing food to our community. As a CSA member, you make a commitment to share in both the bounty and the risks inherent to farming. This means that despite making every effort, crops sometimes fail. While you are likely to receive a diverse and abundant selection, the size of the harvest is reflected in the size of the share each week and may vary.

**Payment and Payment Plans**: St. Isidore Farm accepts cash, check, and card payments (along with a 5% fee). Matthew Walton is our Accounts Receivable Specialist, and can answer any payment questions at <a href="mailto:mwalton@guerincatholic.org">mwalton@guerincatholic.org</a>. While your membership is a commitment to pay a certain dollar amount, you can spread that payment over the course of the season if you are not able to pay up-front as is conventional for CSA memberships. For example, the monthly payment plan for a Full Share includes a downpayment of \$168, and then six monthly payments of \$80.

**Refund Policy:** We are not able to issue any refunds. In the case of unexpected financial hardship or life circumstances, request an exception by contacting our Farm Director, Zach Haselhorst at <a href="mailto:zhaselhorst@guerincatholic.org">zhaselhorst@guerincatholic.org</a>.

**Box Sizes and Values**: We offer two subscription options: Weekly and Bi-Weekly. A Weekly subscription gets a weekly box of fresh produce at a market value of \$36. A Bi-Weekly subscription gets the same size of box, but every other week. Our season is 18 weeks, which means the Weekly subscription totals 18 boxes and \$648, and the Bi-Weekly subscription totals 9 boxes and \$324.

**What About Box Sharing?** Customers are definitely welcome to "share" a weekly or bi-weekly box, but we ask that all sharing be handled by the customers themselves. St. Isidore Farm will just produce the single box of produce every week (or two weeks).

**The Trade Box**: Each week there will be an additional box set up as the "Trade Box." Customers are invited to leave behind any produce they don't think they will use, and take something from the Trade Box of roughly equal value. This is meant to allow customers to slightly customize their boxes.

**Pickup:** Boxes will be available on Thursdays for pickup. During the Guerin Catholic school year, pickup time is Thursdays from 3:45pm to 4:10pm. During the summer, pickup time is Thursdays from 10:30am to 11am.

<b>Vacations</b> : If you can't pick up your box on a given week, you are welcome to have a friend pick up your box while you're gone. Shares left at the school will be donated to a group or person in need.