

Guerin Catholic BOYS BASKETBALL

PRESEASON TRAINING
FOR GRADES 6-8



MONDAY, OCTOBER 14

MONDAY, OCTOBER 21

MONDAY, OCTOBER 28

6:45-7:45 pm

Cost: \$15 per session or \$30 for all 3

**Guerin Catholic High School
Gymnasium**

Coach Bob Allen and the Golden Eagle coaching staff and players will offer three basketball training sessions with a focus on the development of skills necessary to play fundamental basketball. The coaching staff and high school players teach drills that the high school teams use in practice, as well as provide an opportunity for the players to prepare for the upcoming season. We will stress the importance of ball handling, proper footwork, shot technique, and conditioning as we work to improve individual skills.

**QUESTIONS? Contact Coach Bob Allen at
ballen@guerincatholic.org**

Register at GuerinCatholic.org

15300 Gray Road, Noblesville, IN 46062 • (317) 582-0120 • GuerinCatholic.org

