

PRESS RELEASE  
FOR IMMEDIATE RELEASE

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## **Guerin Catholic High School Receives the 2017 Strength of America Award**

*Guerin Catholic raises strength and conditioning standards creating safer programs and facilities for their athletes.*

**Colorado Springs, CO** - The National Strength and Conditioning Association (NSCA) and the President's Council on Fitness, Sports, and Nutrition are proud to announce Guerin Catholic High School in Noblesville, Indiana as a 2017 Strength of America award recipient. This award recognizes Guerin Catholic to have represented the gold standard in strength and conditioning programs.

Led by Coach Waymouth to improve his school's curriculum, Guerin Catholic was measured in four major categories: Supervision, Education, Program, and Facilities. Selected from hundreds of eligible schools, Guerin Catholic will be honored during the NSCA's National Conference Awards Banquet, July 14, 2017 in Las Vegas, Nevada.

The NSCA and the President's Council on Fitness, Sports, and Nutrition are working together to provide all high schools concise guidelines. "I am proud to have Guerin Catholic be part of our ongoing mission to improve the education and programs for all our youth," says Coach Scott Caulfield, the NSCA's Head Strength and Conditioning Coach. Coach Waymouth states, "I am extremely honored to receive this award. This is a true testament to the dedication and hard work of so many people. I am proud to represent both Guerin Catholic High School as well as St. Vincent Sports Performance. I am surrounded by a great staff and most importantly, a great student body."

Congratulations to Coach Waymouth and for an updated list of Strength of America award winners, visit [www.nsc.com](http://www.nsc.com).

**Media Note:** For additional information for the NSCA Strength of America Award visit [www.nsc.com](http://www.nsc.com) or to make arrangements for an interview with Coach Waymouth,, contact Mike Hobson at 800.815.6826 x 109 or [Michael.Hobson@nsc.com](mailto:Michael.Hobson@nsc.com).

### **About the National Strength & Conditioning Association**

The National Strength and Conditioning Association (NSCA) is an international nonprofit professional association founded in 1978 and is dedicated to advancing the strength and conditioning profession around the world.

The NSCA advances the profession by supporting strength and conditioning professionals devoted to helping others discover and maximize their strengths. The organization disseminates research-based knowledge and its practical application by offering industry-leading certifications, research journals, career development services, and continuing education opportunities. The NSCA community is composed of more than 45,000 members and certified professionals who further industry standards as researchers, educators, strength coaches, personal trainers, and other roles in related fields.

Headquartered in Colorado Springs, Colorado, the NSCA serves as a valuable resource for its members, the fitness industry, general public, and the media. The association provides a wide variety of resources and opportunities designed to strengthen, build, advance, and unify.