



Lunch Menu

January 2016



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



January 4

Hot Dog or Bratwurst
Baked Onion Rings
Homemade Potato Salad
(v) Veggie Burger

Pasta & Sauce



January 5

Penne Pasta &
Meatsauce
Italian Blend Vegetables
(v) Pasta & Marinara



January 6

Cheese Quesadilla
with Toppings
Seasoned White Rice

Pasta & Sauce



January 7

Pulled Pork Sandwich
Sweet Corn
Baked Beans
(v) Grilled Tofu & Veggies

Pasta & Sauce



January 8

Homemade
Macaroni & Cheese

Fresh
Roasted Asparagus

January 11

Sweet & Sour or
General Tso Chicken
Seasoned Rice
Eggroll & Sauce
(v) Teriyaki Roasted Veg
Pasta & Sauce

January 12

Spaghetti & Meatballs
with Breadstick
Fresh Caesar Salad
(v) Pasta & Marinara

January 13

CHEF'S CHOICE
Entrees & Sides

January 14

Loaded Baked Potato
or Sweet Potato
Fresh Broccoli Florettes

Pasta & Sauce

January 15

Pork Tenderloin
Sandwich
Baked Potato Wedges
Grilled Portobello
Sandwich
Pasta & Sauce

January 18

Martin Luther
King, Jr. Day
E-Flex Day

January 19

Chicken Fajitas with
Toppings
Black Beans
(v) Veggie Fajitas

Pasta & Sauce

January 20

Chicken Pot Pie
Tossed Salad with
Ranch Dressing

Pasta & Sauce

January 21

Baked Pizza Pasta
(pepperoni or sausage)
Fresh Greek Salad
(v) Cheese Pizza Pasta

January 22

BBQ Chicken Breast
with Cornbread
Fresh Coleslaw
(v) Spinach Artichoke
Dip & Pita Bread
Pasta & Sauce

January 25

Breaded Ravioli with
Roasted Red Pepper
Sauce
Oven Roasted Broccoli
(v) Stuffed Zucchini

January 26

Breakfast Sandwich
Baked Tater Tots
(v) Vegetarian Breakfast
Sandwich

Pasta & Sauce

January 27

CHEF'S CHOICE
Entrees & Sides

January 28

Turkey Manhattan
Glazed Baby Carrots
(v) Stuffed Pepper

Pasta & Sauce

January 29

Meatball Sub Sandwich
Fresh Caesar Salad
(v) Spaghetti Squash &
Sauce

Pasta & Sauce



Burgers, Chicken Sandwiches, BOSCO
Sticks, Fries and more EVERY DAY!!



Choose your bread, meat, cheese, and
toppings and have a sandwich made your
way!!



Homemade Pizza EVERY DAY – make a
request and we will be glad to try a new
topping combination!



FRESH, FRESH, FRESH lettuce, spinach,
toppings, and dressing.