

# STEP UP LACROSSE CAMP

Hosted by  
**GUERIN CATHOLIC  
WOMEN'S LACROSSE 2010**

*Improve your technical and tactical understanding of the game over the course of a three day camp at the great facilities of Guerin Catholic!*

## **WHEN:**

Girls, AGES 8 - 18  
June 5 - 7 10:30 AM - 4:30 PM

## **WHERE:**

All sessions will be held at the Guerin Catholic athletic fields. In case of rain, sessions will be held indoors.

## **WHAT TO BRING:**

Campers should be prepared for training sessions with a lacrosse stick, goggles, mouth guard, cleats or turf shoes (recommended), tennis shoes (in case of rain), water, a desire to learn, and a **positive attitude**.

## **STAFF:**

All sessions will be led by Becky Clipp, Owner and Director of Step Up Lacrosse and assisted by coaching staff consisting of All-Americans, US Team members, Division I coaches and Division I players.

## **COST & REGISTRATION:**

The cost of camp is \$200. Registration information available at [WWW.STEPUPLACROSSE.COM](http://WWW.STEPUPLACROSSE.COM) or email [stepuplacrosse@gmail.com](mailto:stepuplacrosse@gmail.com) with any questions.